



# The Running Medicine Clinic at Northwestern Medicine

## **Comprehensive subspecialty care for all levels of athletes**

Successfully treating runners takes a team of dedicated clinical professionals with extensive experience in working with athletes.

That's why the Running Medicine Clinic at Northwestern Medicine uses a multidisciplinary team of professionals from several different specialties. Our team focuses on patient education, injury prevention, and the diagnosis and treatment of acute and chronic running injuries.

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### The initial running evaluation includes:

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Assessing your health history with a physician

Establishing your running goals

Discussing your injury concerns

Considering relevant diagnostic testing, such as X-rays, magnetic resonance imaging (MRI), and electromyogram and nerve conduction studies—electrical tests of your nerves and muscles

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Our goal is to keep you running. The Running Medicine Clinic has all the tools and resources to help you achieve your goals.

**For more information, or to make an appointment, please call 630.225.BONE. TTY for the hearing impaired 630.933.4833.**

## ○ Additional Information

### **The Running Clinic**

#### *Collaborating specialties:*

Athletic training  
Chiropractic medicine  
Exercise physiology  
Orthopaedic surgery  
Physiatry  
Physical therapy  
Podiatry  
Sports medicine  
Sports nutrition  
Sports psychology

### **Locations**

Carol Stream  
Geneva  
Glen Ellyn  
Naperville  
St. Charles  
Warrenville  
Wheaton  
Winfield