

Sports Medicine

Sports and fitness activities are important parts of a healthy lifestyle, but they can also lead to sprains, strains or fractures. Northwestern Medicine provides comprehensive surgical and nonsurgical care for all of your sports-related injuries.

Back and neck	Sprains and strains
Shoulder	Athletic performance issues
Hip	Fractures/stress fractures
Hand and wrist	Running injuries
Knee	Concussion care
Foot and ankle	Sports physicals*
Advanced arthroscopic surgery	

*Sports physicals are available at select locations.

Northwestern Medicine Orthopaedics Locations

Bartlett	DeKalb	Glen Ellyn	Warrenville
Carol Stream	Geneva	Naperville	

To schedule an appointment, please call 630.225.2663

TTY for the hearing impaired 630.933.4833

27650 Ferry Road, Warrenville

rmg.nm.org/orthopaedics

Sports medicine physicians

Our expert team of sports medicine specialists is fellowship-trained and/or subspecialty board-certified in sports medicine. They are experienced in the care and management of sports-related injuries and conditions for a range of athletic performance levels.

Brian Babka, MD, specializes in nonsurgical sports medicine, concussion care and the treatment of acute and chronic injuries.

Aaron Bare, MD, specializes in sports medicine injuries, advanced shoulder/knee reconstruction and arthroscopy, and shoulder replacement.

Brian Chilelli, MD, specializes in sports medicine and arthroscopy with a special interest in cartilage restoration.

Beth Froese, MD, specializes in women's conditions in sports medicine and nonsurgical musculoskeletal disorders.

Matthew Gimre, MD, specializes in nonsurgical sports medicine and the treatment of acute and chronic injuries.

Lenard LaBelle, MD, specializes in advanced knee and shoulder arthroscopic surgery and sports medicine.

Steven Mayer, MD, specializes in the diagnosis and non-surgical treatment of spine and musculoskeletal disorders and sports medicine.

William Sterba, MD, specializes in sports medicine and arthroscopy with special interest in knee reconstruction and arthroscopy.

David Watt, MD, specializes in sports medicine, shoulder and knee arthroscopy, and total and reverse shoulder replacement.

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