

# Sports Medicine

Sports and fitness activities are important parts of a healthy lifestyle, but they can also lead to sprains, strains or fractures. Northwestern Medicine provides comprehensive surgical and nonsurgical care for all of your sports-related injuries.

Back and neck	Sprains and strains
Shoulder	Athletic performance issues
Hip	Fractures/stress fractures
Hand and wrist	Running injuries
Knee	Concussion care
Foot and ankle	Sports physicals*
Advanced arthroscopic surgery	

\*Sports physicals are available at select locations.

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## Northwestern Medicine Orthopaedics Locations

Bartlett	DeKalb	Glen Ellyn	Warrenville
Carol Stream	Geneva	Naperville	

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**To schedule an appointment, please call 630.225.2663**

TTY for the hearing impaired 630.933.4833

27650 Ferry Road, Warrenville

[rmg.nm.org/orthopaedics](http://rmg.nm.org/orthopaedics)

## Sports medicine physicians

Our expert team of sports medicine specialists is fellowship-trained and/or subspecialty board-certified in sports medicine. They are experienced in the care and management of sports-related injuries and conditions for a range of athletic performance levels.

**Brian Babka, MD**, specializes in nonsurgical sports medicine, concussion care and the treatment of acute and chronic injuries.

**Aaron Bare, MD**, specializes in sports medicine injuries, advanced shoulder/knee reconstruction and arthroscopy, and shoulder replacement.

**Brian Chilelli, MD**, specializes in sports medicine and arthroscopy with a special interest in cartilage restoration.

**Beth Froese, MD**, specializes in women's conditions in sports medicine and nonsurgical musculoskeletal disorders.

**Matthew Gimre, MD**, specializes in nonsurgical sports medicine and the treatment of acute and chronic injuries.

**Lenard LaBelle, MD**, specializes in advanced knee and shoulder arthroscopic surgery and sports medicine.

**Steven Mayer, MD**, specializes in the diagnosis and non-surgical treatment of spine and musculoskeletal disorders and sports medicine.

**William Sterba, MD**, specializes in sports medicine and arthroscopy with special interest in knee reconstruction and arthroscopy.

**David Watt, MD**, specializes in sports medicine, shoulder and knee arthroscopy, and total and reverse shoulder replacement.

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