Saturday, June 16, 2018

Spine, Concussion and General Medicine Topics

Course objectives for this program include:

- Assist athletes and teams by making practical nutrition recommendations for illness prevention and to integrate with injury treatment plans
- Evaluate and define the signs and symptoms of vision/oculomotor deficits after a head injury/concussion
- Describe treatment options and general recommendations for vision referrals for the concussed athlete
- Describe the Schroth method and its components for treatment of scoliosis in an active population
- Identify activity restrictions for patients receiving conservative scoliosis treatment
- Illustrate the difference between the various causes of exercise-associated collapse
- Demonstrate ways to prevent exercise-associated collapse
12th Annual Sports Medicine Conference

Spine, Concussion and General Medicine Topics

Athletic trainers will earn four (4) category A CEUs at this interactive sports medicine conference.

Presentations will focus on spine, concussion and general medicine topics. Approved BOC Provider #P3685.

According to the education levels described by the Professional Development Committee (PDC), the following continuing education course is considered to be Advanced Level.

Northwestern Medicine Regional Medical Group (NMRMG) is approved by the Board of Certification, Inc. to offer continuing education for Certified Athletic Trainers.

Course Directors
Aaron A. Bare, MD
Matthew D. Gimre, MD

Course Coordinators
Maggie Ranum, ATC
Laura Conte, ATC
Taeopae Westerman, MS, ATC

Sessions

What Else Can I Do? Nutrition for Injury and Illness Prevention and Rehabilitation
Katie Knappenberger, MS, RD, CSSD, ATC, Northwestern University

The Significance of Functional Vision Following a Concussion
Ryan Edwards, OD, FCVO, and Lindsay Stull, OD, FCVO, Dynamic Center for Vision Therapy

Non-Surgical Treatment of Athletes With Scoliosis
Deborah Walter, MPT, ATC, Northwestern Medicine

Exercise-Associated Collapse: Pearls and Protocols for Sport Event Coverage
Steven Mayer, MD, Northwestern Medicine

Agenda

Check-in
7:30 – 8:00 am
8:00 am – 12:30 pm
12:30 pm
Adjacent
Continental breakfast and snacks will be provided.

Location
Northwestern Medicine Central DuPage Hospital
Auditorium
25 North Winfield Road
Winfield, Illinois 60190

Registration
Registration is requested by Friday, June 8. $20 per person. Space is limited. To register, call 630.933.4234. TTY for the hearing impaired 630.933.4833. Visit rmg.nm.org/sportsmedconference for more information.

Cancellation and refund policy
Participants will receive a full refund if the cancellation is received at least seven business days before the event. If participants register and do not attend, they are still responsible for full payment. Participants will need to contact NMRMG’s Physician and Referral Class Registration Group via phone at 630.933.4234, TTY for the hearing impaired 630.933.4833, to request a refund.

Directions to Northwestern Medicine Central DuPage Hospital
Use campus entrance 2 off Winfield Road. Complimentary valet parking is available at the main entrance, or you may self park in Lot 3. Enter through the main entrance and a guest services representative will direct you to the conference area.