



The Running Medicine Clinic at Northwestern Medicine

Comprehensive subspecialty care for all levels of athletes

Successfully treating runners takes a team of dedicated clinical professionals with extensive experience in working with athletes.

That's why the Running Medicine Clinic at Northwestern Medicine uses a multidisciplinary team of professionals from several different specialties. Our team focuses on patient education, injury prevention, and the diagnosis and treatment of acute and chronic running injuries.

The initial running evaluation includes:

Assessing your health history with a physician

Establishing your running goals

Discussing your injury concerns

Considering relevant diagnostic testing, such as X-rays, magnetic resonance imaging (MRI), and electromyogram and nerve conduction studies—electrical tests of your nerves and muscles

Our goal is to keep you running. The Running Medicine Clinic has the tools and resources you need to help you achieve your goals.

For more information or to make an appointment, please call 630.225.BONE (2663).

TTY for the hearing impaired 630.933.4833.

○ Additional Information

The Running Medicine Clinic

Collaborating specialties:

Athletic training
Chiropractic medicine
Exercise physiology
Orthopaedic surgery
Physiatry
Physical therapy
Podiatry
Sports medicine
Sports nutrition
Sports psychology

Locations

Carol Stream
DeKalb
Geneva
Glen Ellyn
Naperville
St. Charles
Warrenville
Wheaton
Winfield