

Sports Medicine

Sports and fitness activities are important parts of a healthy lifestyle, but they can also lead to sprains, strains or fractures. Northwestern Medicine provides comprehensive surgical and nonsurgical care for all of your sports-related injuries.

Back and neck	Sprains and strains
Shoulder	Athletic performance issues
Hip	Fractures/stress fractures
Hand and wrist	Running injuries
Knee	Concussion care
Foot and ankle	Sports physicals*
Advanced arthroscopic surgery	Chiropractic medicine

*Sports physicals are available at select locations.

Northwestern Medicine Orthopaedics Locations

Bartlett	DeKalb	Glen Ellyn	Warrenville
Carol Stream	Geneva	Naperville	

To schedule an appointment, please call 630.225.2663

TTY for the hearing impaired 630.933.4833

27650 Ferry Road, Warrenville

rmg.nm.org/orthopaedics

Sports medicine physicians

Our expert team of sports medicine specialists is fellowship-trained and/or subspecialty board-certified in sports medicine.

Brian Babka, MD: nonsurgical sports medicine, concussion care, treatment of acute and chronic injuries

Aaron Bare, MD: sports medicine injuries, advanced shoulder/knee reconstruction and arthroscopy, shoulder replacement

Sanjeev Bhatia, MD: joint preservation, arthroscopy, sports medicine

Brian Chilelli, MD: sports medicine and arthroscopy with a special interest in cartilage restoration

Beth Froese, MD: women's conditions in sports medicine, nonsurgical musculoskeletal disorders

Matthew Gimre, MD: nonsurgical sports medicine, treatment of acute and chronic injuries

Lenard LaBelle, MD: advanced knee and shoulder arthroscopic surgery, sports medicine

Steven Mayer, MD: diagnosis and nonsurgical treatment of spine and musculoskeletal disorders, sports medicine

Sander Rubin, MD: nonsurgical sports medicine, concussion care, treatment of acute and chronic injuries

David Smith, DC: chiropractic medicine for sports-related conditions and back pain

Mark Smyth, MD: sports medicine, shoulder, hip and knee arthroscopy

William Sterba, MD: sports medicine with special interest in knee reconstruction and arthroscopy

David Watt, MD: sports medicine, shoulder and knee arthroscopy, total and reverse shoulder replacement

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